



**THINK ABOUT THIS:** This curriculum is a four-week series designed to help young teens discover their relationship with God and others, while learning how to work on friendships with people of the opposite sex. Too much emphasis and pressure in our society is put on having to “date” or having a “serious” relationship. This series instead will help student consider finding B.F.F.’s of the opposite sex- “J.B.F.’s” people that they can “Just Be Friends” with and not worry about the pressures “dating” until they are older.

## THE CENTRAL TRUTH OF EACH WEEK

### **Week 1: JBF: Just...Be...Friends!?**

*Students will discover what the Bible does not say about dating and what it DOES say about relationships, gender, marriage and love.*

### **Week 2: Understanding JBF?**

*Students will understand what “just being friends” with someone of the opposite sex look likes and why waiting to date might be a good idea.*

### **Week 3: Choosing J.B.F.!**

*Students will begin to understand the choices they will need to make when they do move from just being friends to being something more.*

### **Week 4: Why J.B.F?**

*Students will discover the kind of J.B.F. relationship they should seek while also learning the levels of relationship.*

## KEY VERSE FOR THE SERIES: GENESIS 1:27

**So God created mankind in his own image, in the image of God he created them; male and female he created them.**

## DO THIS:

### **Week 1 Home Discussion:**

- What is the best age for people to start dating?
- Do you think there is too much pressure at school to have a boyfriend or girlfriend?
- What are the problems with dating in middle school?

### **Week 2: Home Discussion:**

- Do you think there is too much emphasis on appearances when it comes to “liking” someone?
- Why do people date during middle school?
- Do you think people are respectful of others of the opposite sex, that way they should be?

### **Week 3: Home Discussion**

- What are some things that show a person’s character?
- How would you define love?
- What are things you should look for in a person you are going to date?

### **Week 4: Home Discussion**

- Do you think people are fake in their dating relationships?
- What does it mean to honor someone?

**Parents Sharing:** Share how you met your spouse and share about your time dating each other.